## Dementia Action Week 2018: 21-27 May

### What's happening in Hart?

<table>
<thead>
<tr>
<th>Monday 21 May</th>
</tr>
</thead>
</table>
| **The Daisy Chain Cafe**  
2pm-4pm  
Monteagle Hall, Yateley, GU46 6FR |
| A dementia friendly place for people with dementia or memory loss, their partners, families and friends to meet up for a chat, a coffee and share support.  
For more information call Yateley Town Council on 01252 872198 |

<table>
<thead>
<tr>
<th>Tuesday 22 May</th>
</tr>
</thead>
</table>
| **Forget-Me-Not Cafe**  
2pm-4pm  
St John's Church, Fleet Road, Hartley Wintney, RG27 8ED |
| We are there for a cup of tea and a chat. You can play games, read memory books, do jigsaws, paint and other craft activities.  
For more information call Chris Cornwell on 01252 843251 |

<table>
<thead>
<tr>
<th>Wednesday 23 May</th>
</tr>
</thead>
</table>
| **The Sunflower Cafe**  
2pm-4pm  
The Old School, London Road, Odiham, RG29 1AJ |
| Café with refreshments, table top games, crafts and socialising. For people living with dementia, their carers, family and friends.  
This week we have a special guest speaker from the Dementia Advice Service.  
For more information call Chris Cornwell on 01252 843251 |

<table>
<thead>
<tr>
<th>Thursday 24 May</th>
</tr>
</thead>
</table>
| **Singing for the Mind**  
2pm-3pm  
Hartley Wintney Football Club, Green Lane, Hartley Wintney, RG27 8DL |
| A friendly, fun singing session run by a professional music facilitator and supported by local choirs. Free refreshments served at 1.30pm.  
For more information call Chris Cornwell on 01252 843251 |

<table>
<thead>
<tr>
<th>Friday 25 May</th>
</tr>
</thead>
</table>
| **Dementia friends session**  
10.30am-11.30pm  
Yateley Library, School Lane, Yateley, GU46 6NL |
| An interactive session to help people understand a little more about what dementia is and what it's like to live with the condition.  
Please book in advance.  
To book email Andrea Wilson at andrea.wilson@hants.gov.uk |

| Monday & Tuesday 10am-12pm  
Wednesday 10am-2pm  
Thursday & Friday 10am-12pm  
Hart Shopping Centre, Fleet Road, Fleet, GU51 3LA |
|---------------|
| **Information Stall**  
An information stall on dementia and local support. |

<table>
<thead>
<tr>
<th>Tuesday 22 May</th>
</tr>
</thead>
</table>
| **Sporting Memories Group**  
2pm-4pm  
Immaculate Conception Church Hall, 63 Yorktown Road, Sandhurst, GU47 9BS |
| Come along, listen and share sporting memories with other older sports fans. Sporting Trivia, games and memorabilia.  
For more information call Angie on 07563 117116 |

<table>
<thead>
<tr>
<th>Tuesday 22 May</th>
</tr>
</thead>
</table>
| **Coffee Afternoon**  
1.30pm-3pm  
Rosefield Day Centre, Odiham  
Cottage Hospital, Buryfields, Odiham, RG29 1NE |
| A coffee afternoon where you can meet the friendly team from Age Concern Hampshire and find out more about the Day Centre.  
For more information call Lynne Ewing on 01256 335013 |

<table>
<thead>
<tr>
<th>Wednesday 23 May</th>
</tr>
</thead>
</table>
| **Showtime Wednesday to Friday 2pm**  
Gracewell of Church Crookham, 2 Bourley Road, GU52 8DY |
| Our cinema doors are officially open to you and the local community, our screenings are enhanced to suit the needs of people living with dementia, but anyone is welcome.  
Please book in advance.  
To book call Steven on 01252 917100 |

<table>
<thead>
<tr>
<th>Friday 25 May</th>
</tr>
</thead>
</table>
| **Dementia friendly gym**  
1pm-2.30pm  
Hart Leisure Centre, Hitches Lane, Fleet, GU51 5EE |
| Gym sessions for people living with dementia and their carers. Specially qualified instructors are on hand to help people use the equipment and to give encouragement. £1 per person.  
Please book in advance.  
To book call 0333 005 0134 or visit Hart Leisure Centre. |